

# WordsWell

**82 Cannon Street, Little Downham, Ely, Cambridgeshire, CB6 2SS 01353 698156.**

Welcome to the Autumn/Winter edition of your newsletter...

"Wordswell is involved in some very interesting projects at the moment. I am continuing to develop the nursery groups for children attending SNAP4Kids Nurseries in Ely and Cambridge.

There is a growing interest in the Business Development Seminars at Wyboston Lakes and I'm in greater demand than ever for Speech and Language Therapy Assessments and Reports, and to attend SENDIST with families with the result that I'm fully booked 'til February 06 "

Janet O'Keefe

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I CAN and SENDIST working together



I CAN have asked Janet to present on a one-day introductory course, jointly with SENDIST, on SEN and Disability Tribunals for Speech and Language Therapists, on Tuesday, 29th November 2005. As many of you are aware Janet has attended many tribunals as an expert witness and is happy to pass on her knowledge. This course is to help prepare speech and language therapists for the tribunal experience, outlining the procedural and legal context, and giving opportunities to discuss cases with experienced and skilled professionals. The course promises to give a realistic and practical overview of the tribunal process.

I CAN Contact details: 4 Dyer's Buildings, Holborn, London EC1N 2QP  
Tel: 0845 225 4071 Fax: 0845 225 4072  
[e-mail:ican@ican.org.uk](mailto:ican@ican.org.uk)  
[www.ican.org.uk](http://www.ican.org.uk)

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The hard work is worthwhile - We received the following comment recently, from grateful parents:

" We won! Such as relief". Thank you so much for your brilliant report. It's good to feel supported by such caring people. Keep up the good work".

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**Brookdale – provider of Autistic Spectrum Disorder services**

Brookdale is unique - it's an ASD specialist, operating a range of facilities across the South East, entirely focused on the provision of care for people with Autism and Aspergers Syndrome. It has the first purpose built autism and aspergers hospital in the UK based in Bedfordshire. It has a specialist unit for adolescents and provision for single service accommodation where appropriate. Their aim is to provide a secure and comfortable environment for people with ASD, with care and support provided by a truly impressive specialist multi-disciplinary team, experienced in working with people with ASD.

Brookdale offers a range of small highly staffed residential care homes offering:

- Structured education, sheltered employment and leisure activities
- Bespoke educational courses at local colleges
- Independent living skills
- Community integration and involvement

- Ordinary life principles through 24-hour curriculum lifestyle
- Comprehensive assessments and care plans
- Specialists staff trained in Autistic Spectrum Disorder and challenging behaviours
- Input from our multi-disciplinary team

Brookdale offers dedicated accommodation and bespoke treatment packages for people who would benefit from a single service. These services are flexible and can be adapted for individual needs and risks.



For further information contact:  
 14 Parkway, Welwyn Garden City, Herts AL8 6HG  
 Tel: 01707 646 646  
[www.brookdalecare.co.uk](http://www.brookdalecare.co.uk)

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### Some Useful Information for Autism

Educational Resources:

**LDA** – helping every child achieve their best (through games, workbooks, CDs).  
 Perfect for literacy lessons, teaching assistants, and after-school clubs.  
 LDA, Abbeygate House, East Road, Cambridge CB1 1DB.  
 Tel: 0845 120 4776 Fax: 0800 783 8648  
[www.LDAlearning.com](http://www.LDAlearning.com)

**Winslow** is the UK Market Leader, providing Specialist Resources in Education, Special Needs, Numeracy, Literacy, Health, Rehabilitation, Elderly Care, Speech and Language Social Care.  
 Tel: 0845 230 2777 Fax: 01246 551195  
[www.winslow-cat.com](http://www.winslow-cat.com)

**Afasic Online Updates** – In July this year, Afasic launched its parent message board for adults to share information and discuss their concerns about their children’s speech and language impairments. To access the message board go to [www.afasic.org.uk](http://www.afasic.org.uk). There is an extensive help section for those new to online forums and guidelines to follow to become a message board member. The message board has many features, so do take a look.

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### Book Review

“Surviving the Special Educational Needs System – how to be a velvet bulldozer” by Sandy Row ISBN 1843102625,  
[www.jkp.com](http://www.jkp.com), Jessica Kingsley Publishers

This book has just been printed by Jessica Kingsley Publishers and is a 'must' for anyone about to become involved in the SEN system. This book will help parents learn how to chart their way through the potentially turbulent waters of the 'Special Educational Needs' system. There is a legal system that must be followed and Sandy Row guides you step-by-step, while giving an account of her family's battle against all odds.

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**Xmas Pudding Recipe (to microwave)**  
(gluten free, dairy free and egg free)

Serves 4 – calories: 405 per portion – 18gm fat per portion

Microwave time calculated for an 800 watt oven.

40gm (1½ ozs) gluten free plain flour  
30gm (1 oz) ground hazelnuts  
30 gm (1 oz) roasted hazelnuts, finely chopped  
60 gm (2 ozs) dark brown sugar  
20gm (¾ oz) egg replacement powder  
40gm (1½ ozs) dairy free spread  
175 gm (6 ozs) mixed dried fruit  
30 gm (1 oz) apple, peeled, cored and chopped  
¼ teaspoon each of ground mixed spice and cinnamon  
½ lemon, finely grated rind and 2 tablespoon lemon juice  
1 teaspoon golden syrup  
1 teaspoon gravy browning  
2 tablespoons brandy  
6 tablespoons soya or rice milk  
Icing sugar – for dusting



¾ litre ( 1¼ pt) pudding basin, greaseproof paper and a disc of Bakewell paper placed in the bottom.

Mix all the ingredients together. Spoon the mixture into the pudding basin. Cover over loosely with a piece of greaseproof paper. Microwave on high for 2½ minutes. Leave to stand for 2½ minutes. Cook for another 2½ minutes. Remove the paper (the pudding won't look cooked in the middle, so leave to stand for 5 minutes). Turn the pudding out of the basin and dust with icing sugar and serve. Serve with Soya Dream. (Not suitable for freezing but you could get all the ingredients ready the night before, make the mixture up in the morning and put it in the bowl, so that it's ready for cooking at mealtime.

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And Finally...

Don't forget – if you would rather receive Rapport via e-mail just send Janet a blank Email: [janetokeefe@wordswell.co.uk](mailto:janetokeefe@wordswell.co.uk) including the word "Rapport" in the subject line and we will do the rest

Tel & Fax: 01353 698 156